

FOR IMMEDIATE RELEASE
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SECOND HUMAN CASE OF WEST NILE VIRUS CONFIRMED IN BROWARD RESIDENT

Fort Lauderdale - Broward County Health Department officials announced today the confirmation of West Nile Virus in a 76-year old male resident. Broward County remains under a medical alert for West Nile virus, a serious illness transmitted by mosquitoes.

"We know that West Nile Virus is present in our community and we continue to urge people to protect themselves from mosquito bites," said David Roach, Broward County Health Department Administrator.

Broward County Health Department officials remind residents that summer rains encourage mosquito breeding and that everyone should remain diligent in their personal mosquito protection efforts both at home and when traveling.

State and local public health officials urge all residents to follow the **5 D's** for prevention:

- **Dusk and Dawn** -- Avoid being outdoors when mosquitoes are seeking blood, for many species this is during the dusk and dawn hours.
- **Dress** -- Wear clothing that covers skin.
- **DEET** -- When the potential exists for exposure to mosquitoes, repellents containing DEET (N,N-diethyl-meta-toluamide, or N,N-diethyl-3-methylbenzamide) are recommended. Products with concentrations up to 30 percent DEET are generally recommended for most situations. (It is not recommended to use DEET on children less than 2 months old. Instead, infants should be kept indoors or mosquito netting used over carriers when mosquitoes are present). If additional protection is necessary, apply a permethrin repellent directly to your clothing. Always read the manufacturer's directions carefully before you put on a repellent.
- **Drainage** -- Check your home to rid it of standing water in which mosquitoes can lay their eggs.

Symptoms of West Nile Virus may include headache, fever, fatigue, dizziness, weakness and confusion. People who believe they may have West Nile Virus should contact their health care provider. Florida Department of Health (DOH) laboratories provide testing services for physicians treating patients with clinical signs of mosquito-borne disease.

Elimination of breeding sites is another key to prevention.

Tips on Eliminating Mosquito Breeding Sites

- Clean out eaves, troughs and gutters.
- Remove old tires or drill holes in those used in playgrounds to drain.
- Turn over or remove empty plastic pots.
- Pick up all beverage containers and cups.
- Check tarps on boats or other equipment that may collect water.
- Pump out bilges on boats. Drain unused swimming pools.
- Replace water in birdbaths and pet or other animal feeding dishes at least once a week.
- Change water in plant trays, including hanging plants, at least once a week.
- Remove vegetation or obstructions in drainage ditches that prevent the flow of water.



Jeb Bush
Governor

John O. Agwunobi, M.D., M.B.A., M.P.H.
Secretary

Florida residents are encouraged to report dead bird sighting at: www.wildflorida.com/bird or by calling their local county health department.

For more information on mosquito-borne illnesses, visit DOH's website at: www.doh.state.fl.us and select environmental health from the pull down menu.

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